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| Beth-Rapha Ministries International Consecration Calendar 2023 January 16, 12:01 A.M. – February 5, 11:59 P.M. 2023  THE YEAR OF TRANSFORMATION AND RESTORATION (DEUTERNOMY 30; ROMANS 12:1&2; EPHESIANS 5:15-20)  “But seek first the Kingdom of God and His Righteousness; and all these things shall to be added to you” (St. Matthew 6:33). |  |
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| **As we enter into this time of Consecration,**  **Remember that it is the attitude of the heart sincerely seeking God to which God responds with a blessing. May God greatly bless us as we fast and rededicate our lives.**  **Tithe at least two (2) hours and forty (40) minutes every day through prayer, Bible Study, Meditation, or just by being quiet and still. This time does not have to be completed all at once.** | **Consecration Recommendations:**  **Please prayerfully choose three food items and/or activities you are willing to refrain from as an act(s) of rededication and a statement of need for God’s guidance and direction throughout 2023.**  **Fasting is a spiritual discipline that is taught in the Bible. Jesus expected His followers to fast, and He said that God rewards this type of practice.** | **LET’S MAKE SURE TO MAINTAIN CONSECRATION PRINCIPLES.**  **EACH DAY WILL PRESENT DIFFERENT FOCI.**  **PLEASE GOVERN YOURSELF ACCORDINGLY**  **\*PLEASE CONSULT WITH YOUR DOCTOR IF YOU ANTICIPATE ANY HEALTH CHALLENGES**. | **This is the season of special focus which involves prayer and reading of the Word along with a time of seeking the face of God; the dedication of oneself to the service and worship of the Lord.**  **Ask God to reveal His Will for your life, family, job, relationships, our government and world.** | **BIBLICAL PRECEDENT Consecration: Isaiah 58; Exodus 32:29; 2 Chronicles 29:31. Prayer, Fasting and Reading of the Word of God:**  **1 Samuel 1:6-8, 17-18; Ezra 8:21-23; Nehemiah 1:4; Esther 4:16; Daniel 9:3, 20; Joel 1:4, 2:12; Matthew 4:2, 6:16-18; Luke 2:37; Acts 10:30, 13:2 Corporate Fasting: 1 Samuel 7:5-6; Ezra 8:21-23; Nehemiah 9:1-3; Joel 2:15-16; Jonah 3:5-10; Acts 27:33-37.** | **Reduce or exclude the following: Secular TV or radio, Social Media activities, magazine reading, social telephone calls. Christian Programs/Films are highly recommended.**  **Try to include some type of fitness activity – walking, daily stretching and deep breathing, floor exercises, light weights, etc.** | **Married Couples: *“Do not deprive one another except with consent for a time”***  **1 Corinthians 7:5**  **Parents: Encourage Family Unity and Bonding through Holy Spirited activities and events.**  **Children: Please limit your video game playing.**  **Let’s all reduce or eliminate our FAST-FOOD consumption.** |
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